

## Letter from the Muses: "Inner Sanctuary"

Dear Uber Trooper,

We'd ask you to enter reverently into the next level but most of you are rambunctious hellions raring to ride on the rascally winds of life, so instead, we request that you just let your insides melt, awaken to the majesty of this moment and as you do, notice the outside shifts to soft focus. Even if it's just a little bit softer, and a little more melted, that's close enough.  
(If you didn't just do that, give yourself time to do it now.)

Welcome to a time to let go of the illusions of the outside world in order to find the riches within. This is one of the secrets of life. To take feelings, words, and exalted experiences that catalyse a feeling to build as your go-to place inside. An inner world that is unaffected by anything on the outside, THAT is a big part of bliss.

The only, only, only place real riches reside are on the inside. The experiences of life on the outside expand our world of self-understanding and provide the fodder needed for writing, art, comedy, theater, music, and photography. Abstinence is not required. But short-lived moments of joy reeled-in from the outer world don't compare to what you can discover in your inner world.

The more you access the deep source of riches inside, the more the Inner Sanctuary unfolds with a greater amount of creative wonder than you previously thought was possible. Take a moment and muse on that. There is an immensity within which to dream. Go inside; Surrender your frenetic preoccupations, embrace serenity, and dream.

Be patient: The power of this world doesn't happen immediately. It takes practice but the practice itself can be bliss.

~The Modern Day Muses

